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| Activity being assessed: | SUP (Stand Up Paddle Boarding) & XL SUP | Reference no: | SUPRA |
| Location: | Lower Rivington Reservoir  | Assessment date: | 6th January 2022 | Review period: | January 2023 |

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| **Significant Hazards**What could cause harm? | **What harm might occur, and to whom?**Remember to consider all affected groups | **Existing control measures** | **Risk Rating****(with current controls)** | **Additional control measures**What can we do / use / put in place to further reduce the risks to an acceptable level? | **Residual Risk** | **Action no.**(continues over page) |
| **L** | **S** | **RR** | **L** | **S** | **RR** |
| SUPS moving through the water,  | Participants being injured by SUPS moving through the water, due other participants failing off. | In addition to briefing the group of this danger, instructors should select games that minimise this risk | **3** | **1** | **3** | Staff induction, and observation. Participants shown how to use their hands to protect head and face | **2** | **1** | **2** |  |
| Carrying boards to the water and returning.  | Participant injury through incorrect manual handling | Customers are briefed on the correct way to carry a board if deemed necessary | **3** | **1** | **3** | Staff induction and annual review. In strong winds, or groups of younger participants, boards to be carried one between two.  | **2** | **1** | **2** |  |
| Falling off the SUP board. | Participants becoming separated from the board, and becoming distressed, and risk drowning  | Buoyancy Aids and ankle leash is worn by participant (Only one per ankle leash on XL)  | **1** | **3** | **3** | Staff induction, observation and quarterly SUP board checks to maintain condition of leashes Participants warned about boards floating away. | **1** | **2** | **2** |  |
| Strong Winds  | Group becoming separated by strong winds risk over exhaustion.  | Group control by the instructorGroup briefed on which way to paddle if necessary | **2** | **2** | **4** | Staff induction, observations and agreed sheltered area of operation at morning briefing. | **1** | **2** | **2** |  |
| Shallow Water | Injuries to participants falling off the board in shallow water | Participants briefed on the dangers in the event of going into shallow waterAdvised to kneel on the board rather than stand if the instructor feels they may fall off, as they come into shore. | **2** | **2** | **2** | Staff induction, observation and group instructor to kneel when approaching shallow water. (water less than a full SUP paddle in depth)  | **1** | **1** | **2** |  |
| Hypothermia or Hyperthermia  | All Participants  | Instructor to constantly monitor the group state and weather conditions.  | **3** | **4** | **12** | Instructor to have access to warm layers or change the environment to suit  | **2** | **2** | **2** |  |
| Drowning  | All Participants  | The instructor will maintain effective group control at all times based on the skills and experience of the group and the weather conditions. | **2** | **5** | **10** |  |  |  |  |  |
| Injured Instructor  | Instructor and group  | Instructor to be suitably qualified or experienced and competent.  | **1** | **2** | **10** | Group to be made aware of the Injured Instructor action plan in each first aid kit | **1** | **1** | **5** |  |

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| Action number | Action required | Who is responsible? | By when? | Date completed |
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| Likelihood | Guide Description |  | Severity | Guide Description |
| 5 | Very likely/imminent – certain to happen |  | 5 | Catastrophic - fatality, catastrophic damage |
| 4 | Probable – a strong possibility of it happening |  | 4 | Major – significant injury or property damage, hospitalisation |
| 3 | Possible – it may have happened before |  | 3 | Moderate - injury requiring further treatment, lost time |
| 2 | Unlikely - could happen but unusual |  | 2 | Minor - first aid injury, no lost time |
| 1 | Rare – highly unlikely to occur |  | 1 | Very minor – insignificant injury |

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|  | **Severity (S)** |  | **Risk Rating (RR)** | **Action** |  |
| **1** | **2** | **3** | **4** | **5** |  | **High Risk** | Stop the task/activity until controls can be put into place to reduce the risk to an acceptable level |  |
| **Likelihood (L)** | **5** | 5 | 10 | 15 | 20 | 25 |  |
| **3** | 3 | 6 | 9 | 12 | 15 |  |
| **2** | 2 | 4 | 6 | 8 | 10 |  |
| **1** | 1 | 2 | 3 | 4 | 5 |  | **Low Risk** | No further action, keep under review |

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| Signature of Risk Assessor |  | Name / job title: | David Germain (Head of Centre) |
| Details of any persons consulted | Mark Collinson (Chief Instructor Paddle Sports) |